

The Counseling CONNECTION

AUGUST 2023

Ms. Clarkson, Counselor

We use "I Can" statements in the guidance curriculum to promote growth mindset and encourage positive thinking. If we teach our brains to say, "I CAN," we WILL. "I CAN" statements also empower children to make good decisions and ask questions. Try it. You CAN do it!

Counseling Monthly Focus: **I CAN Meet Others & Follow Directions**

Meet Your Counselor

I will meet with students so they will know who I am, what I do, how I can help them, and how to reach me for help.

Rules & Expectations


Students will learn school norms and learn to follow directions the first time given.

Dates:

- August 10**
First Day of School (1st-8th)
- August 15**
Meet the Teacher (Elementary)
- August 16**
Meet the Teacher (Middle)
- August 21** (ALL Students
Report—Pre-K-8th Grades)
- September 4**
Labor Day (No School)
- September 12**
Back to School Night (K-5)
- September 13**
Back to School Night (6-8)

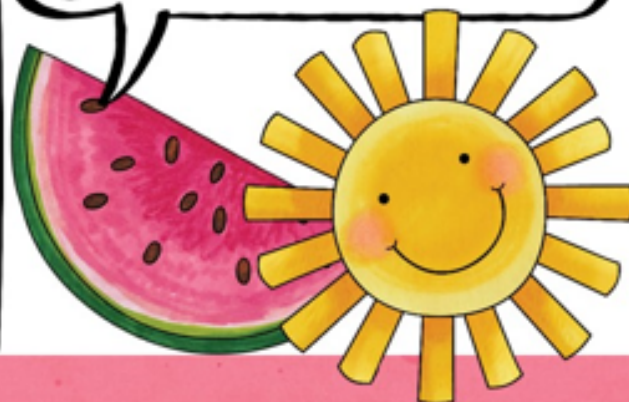
Let's CONNECT!

 sclarkson@linwoodcharter.org

 318.841.7639 Office

Happy, Healthy Kids TIP:

Prepare children to transition back to school by putting them on a schedule. Kids are sleepy at school if they stay up late. Ask your child about his/her day at school. Let kids go outside for play and exploration and limit video games, social media, and electronic devices.



La conexión de asesoramiento

AGOSTO 2023

Sra. Clarkson, Consejera

Usamos declaraciones de "Yo puedo" en el plan de estudios de orientación para promover una mentalidad de crecimiento y fomentar el pensamiento positivo. Si enseñamos a nuestro cerebro a decir "YO PUEDO", lo haremos. Las declaraciones "YO PUEDO" también empoderan a los niños para tomar buenas decisiones y hacer preguntas. Intentalo. ¡Puedes hacerlo!

Asesoramiento Enfoque mensual:

PUEDO conocer a otras personas y seguir instrucciones Conozca a su consejero Me reuniré con los estudiantes para que sepan quién soy, qué hago, cómo puedo ayudarlos y cómo comunicarse conmigo para obtener ayuda. Reglas y expectativas Los estudiantes aprenderán las normas escolares y aprenderán a seguir instrucciones la primera vez.

CONSEJO para niños felices y saludables:

Prepare a los niños para la transición de regreso a la escuela estableciéndoles un horario. Los niños tienen sueño en la escuela si se quedan despiertos hasta tarde. Pregúntele a su hijo sobre su día en la escuela. Deje que los niños salgan a jugar y explorar y limite los videojuegos, las redes sociales y los dispositivos electrónicos.

Fechas:

- 10 de agosto Primer día de clases (1^o-8^o)
- 15 de agosto Conozca al maestro (primaria)
- 16 de agosto Conozca al maestro (centro)
- 21 de agosto (Informe de TODOS los estudiantes: grados Pre-K-8)
- 4 de septiembre Día del Trabajo (No hay clases)
- 12 de septiembre Noche de regreso a clases (K-5)
- 13 de septiembre Noche de regreso a clases (6-8)

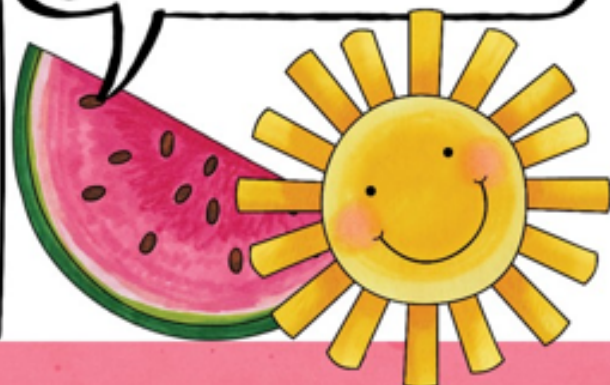
¡CONECTÉMONOS!



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318.841.7639 Oficina



The Counseling Connection

September 2023

Ms. Clarkson, Counselor

You CAN make good decisions. Always think before you act. Try to do things the right way the first time. If you know it's wrong or if it feels wrong, say no and walk away. Remember, the decisions you make not only affects you but those around you as well. Be of good character and do the right thing. You CAN make good decisions. You'll be so proud of yourself when you do!

Counseling Monthly Focus:

I CAN effectively communicate my feelings in a respectful way. I CAN show myself friendly and make friends. I CAN include others. I CAN make good decisions and be proud of myself.

Students will learn effective communication skills, how to make and keep friends, inclusion, and how to make good decisions.

Dates:

September 4

Labor Day (No School)

September 12

Back-to-School Night (K-5)

September 13

Back-to-School Night (6-8)

October 9-13

Faculty In-Service & Fall Break
(No School)

October 18

1st Reporting Period Ends

October 19

2nd Reporting Period Begins

October 24-27

Red Ribbon Week

Let's CONNECT!



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Happy, Healthy Kids TIP:

Teach children to include others by being a genuine person. Talk with your child about good decision-making. Give them examples and allow them to decide what's right. Praise them for making good decisions, especially when it's hard for them to do. Children learn independence and leadership when they stand out from others for doing the right thing. Teach children that good character is better than trying to fit in.

